

RIIWHS204E Work Safely at Heights (1-Day Course)



This course is designed for those who are preparing to work at height, either in a work basket or on a building site. With this course you will learn the theory components of the course along with participating in a practical demonstration of the skills you have learnt.

LEARNING MODULES:

- Understand Job Safety Analysis (JSA) or/and Risk Assessment (RA)
- Mines Safety and Inspection ACT 1994
- Mines Safety and Inspection Regulations 1995
- Work Health and Safety Act (WA) 2020
- Work Health and Safety Regulations (WA) 2022
- Code of Practice- Prevention of falls at workplaces 2004
- Edge Protection
- Using the Hierarchy of control to identify hazards at heights
- Risk of falling objects
- Working on Brittle or Fragile Roofing
- Protection of Holes and Opening
- Inspect and fit of a Full Body Harness
- Identification and inspection of different items of fall protection
- Basic Requirements regarding use of scaffolding
- Basic Requirements for working with an EWP
- Basic Requirements regarding setting up of static lines
- Inspection and the correct use of ladders.
- Understand free fall, free fall-arrest
- Suspension trauma
- Vital steps to reduce fall arrest trauma
- Weather Condition and Night work
- Housekeeping and Height safety general
- Emergency rescue procedure



Raines Resources Pty Ltd
ACN: 610326460
info@rainesresources.com.au

At the successful completion of this course, student will receive the Statement of Attainment and a wallet-size card* inclusive of the Nationally Accredited course information, student name and course attended date.

(* Raines Resources will issue a SOA and card after full payment is received)

TRAINING DETAILS:

Start Time: 8:00 am until 4 pm (Please arrive 15 minutes earlier for registration and ID checked)

Entry Requirement: At least 18 years of age.

Literacy: Participants must have a basic level of English proficiency (written and verbal communication)

Numeracy Participants require the knowledge of how to use a calculator

Delivery: Face to Face training and assessment in a simulated workplace environment

Payment Mode: Cash, credit card, direct funds transfer with a bank receipt or a company purchase order refer to our finance policy for further details

What to bring: 1 Photo ID and 1 Secondary ID, Current WorkSafe Licence Card (if any)

(e.g. Driver's Licence, Passport (current or expired being no more than 2 years from the expiry date), WA proof of age card or other Australian Government issued ID card with photo) **AND** (e.g. Medicare Card, current credit card or ATM card, telephone, gas, electricity account not more than 12 months old)

Clothing: Long sleeve shirt, long pants and safety boots

Location: TBA

Parking: Limited free parking on site or in abounding streets

ASSESSMENT COMPONENTS:

- Theory
- Practical

CANCELLATION / REFUNDS:

Refer to our [Refunds Policy](#).

COST OF THE COURSE:

\$270